



Fantom

Travel Group

Travel Guide

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Travel Packing List

Travel Documents

- Photo Id/Driver's License
- Passport/Visa
- Boarding Pass
- Confirmation Receipts
- Emergency Documents
- Health Insurance Card
- Travel Insurance Card



Funds

- Wallet
- Cash
- Credit/ATM Cards



Clothes

- Underwear
- Socks
- Bras
- Sleepwear
- T-shirts
- Dress Shirts
- Casual Shirts
- Jeans
- Pants
- Shorts
- Dresses
- Shirts
- Sweaters
- Swimsuits
- Swim Trunks
- Cover-ups
- Laundry Kit
- Laundry Bag



Shoes

- Leisure Shoes
- Sneakers

- Dress Shoes
- Sandals

Toiletries

- Toothbrush
- Dental Floss
- Deodorant
- Contact Solution

- Toothpaste
- Soap
- Eye Drops
- Hand Sanitizer

- Disposable Wipes

- Hand/Body Lotion

- Shampoo & Conditioner

Beauty

- Hairbrush
- Facial Cleaner
- Sunscreen
- Face Mask
- Shaving Supplies
- Styling Tools
- Facial Lotion
- Moisturizer
- Lip Balm



Health

- Birth Control
- First Aid Kit
- Medications
- Sleep Mask
- Vitamins
- Feminine Hygiene Items
- Bandages
- Ointment
- Pain Reliever
- Rash Cream
- COVID Test

Electronics

- Video/MPS
- Camera
- All Chargers
- Converters
- Earplugs
- Player
- Laptop/Pad
- Adapters
- Headphones
- Binoculars

Comfort

- Eye Mask
- Paper/Pen
- Books
- Travel Blanket
- Travel Pillow
- Directions
- Gum
- Lysol Wipes
- E-Books
- Itinerary
- Maps
- Guidebook
- Empty Water Bottle

Accessories

- Sunglasses
- Hats
- Scarves
- Belts
- Ties
- Jewelry
- Purses
- Umbrella
- Collapsible
- Totes



Travel Packing Tips

Use Packing Cubes

⇒ Packing cubes keep your suitcase organized and stack together easily; no more trying to fit in oddly shaped items like a puzzle! Plus, the best packing cubes are lightweight and thin so you don't lose any precious suitcase space.



Choose Travel Friendly Fabrics

⇒ We always recommend opting for knits and stretchy fabrics while traveling. Even when these fabrics wrinkle, the creases will fall out when you hang them up. Woven fabrics like linen or cotton twill, are more prone to wrinkling.

Roll Clothes and Pack Them First

⇒ The best way to prevent creases and make the most of your space is to use the roll method. Lay tops facedown, fold in the sleeves and roll from the bottom up. For pants, put the legs together and roll from the waist down. Once you've rolled everything, place pants and tops in your suitcase before walking shoes and accessories; then, fit in other oddly shaped items, like hair tools.

Wardrobe Travel Planner

Day 1 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 1 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 2 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 2 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 3 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 3 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Wardrobe Travel Planner

Day 4 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 4 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 5 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 5 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 6 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 6 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Wardrobe Travel Planner

Day 7 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 7 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 8 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 8 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 9 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 9 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Wardrobe Travel Planner

Day 10 Morning

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Day 10 Evening

Activity: _____

Outfit: _____

Shoes: _____

Accessories: _____

Planning Wardrobe
Changes!

101 Travel Etiquette

Traveling is always enjoyable, especially when you're visiting a new place. But sometimes the excitement can get the best of us and result in some not so exciting consequences like insults from locals or jail time! The way things are done in the United States isn't always how they're done in other countries. In fact, most people have very different ways of living their lives. In this section, we'll go over everything you need for your next trip so you can be equipped with the travel etiquette of do's and don'ts.

You Are A Guest

As a guest in a foreign country, it's best to behave as one. Pretend you're in someone else's home; be curious rather than judgmental. It's important to remember that you don't live there and you're only staying for a short time. So, it's best not to get so comfortable as to act rudely, become excessively inebriated, or cause any scenes. Respect the area especially the locals. They'll help you if you really need it.



Follow The Laws, They Are There For A Reason

I know
been
ble under
you're
you see a
rules.
of the
high fees, or a revoking of your visa.



traveling can give you feelings of grandeur and a huge ego, trust me I've there. But regardless of what you think or how you feel, you are not invincible the law. The American government can only do so much to help you when abroad. Sometimes breaking the law can mean serious consequences. So, if sign or post, read if fully, Google translate if you have to, and adhere to the Understand local laws as well so that you can keep to yourself and stay out way of harm. Breaking the law abroad can mean jail time in that country,

Learn The Local Language

Look, you don't need knowing some basics to make friends. It destination. Take the that you respect the cludes a friendly including directions.



to be fluent in Japanese when you go to Japan but is not only helpful but also encouraged if you want gives you the advantage to know the language of a time to learn greetings and polite sayings. It shows locale you're at. Proper travel etiquette always in-greeting before diving into asking for anything, in-

Research Dining Etiquette



While a McDonald's can be found around most of the world, you won't be dining there hopefully most nights! When you find yourself eating foreign foods and delicacies, be prepared for the level of authenticity and unique flavors. Having local foods and indulging in the culture include trying new things. Always be respectful of the local cuisine, never make a face, or complain about the taste, and don't spit it out! Obviously, if you don't like it, be discreet.

Wear The Right Clothes

Certain customs in the United States are universal, others aren't. There are sometimes very strict dress codes in other countries, especially for women. For example, if you're going to Iran or Afghanistan you need to wear a hijab. If you're entering a church in a Latin or European country, you'll need to cover your shoulders and thighs. Understanding where you're going can help you in terms of packing. Your travel etiquette goes up a notch when you know what's acceptable to wear and what's not.

Some places like Japan, for example, would prefer if you didn't wear shoes in some homes. Be respectful and remove them.



Paris FALL

Black Leather Jacket | Straight Leg Jeans | Nude Sweater
Silk Scarf | Black Stragglek Flare | Black Ankle Boots | Blue Plaid Shirt
Dark Jeans | Black Tote | Navy Pinstripe Dress
Average Temperature 7°
High 40 Low 40



Relax and Have Fun!

Uncommon Travel Tips ~ Bet You DIDN'T Know!

What are some of your all-time favorite travel tips! Not leaving the packing for the last minute and emailing important documents. But I bet you haven't heard of these uncommon travel tips before. Consider this your list of hidden gems.



PACK BABY WIPES

No joke! Even if you don't have a baby, you'll be surprised at the pros of baby wipes. Wiping your face and neck with baby wipes after a long flight can make you feel refreshed and energized to start exploring right away! Nothing could replace a bath or shower, but you can always use wipes!

TV REMOTE! HOLD THAT THOUGHT

Hotel housekeepers may bleach the bathroom and dust the nightstand, but they rarely clean the TV remote. Think about it. How often do you clean your remote at home? Studies conducted by microbiologists have found that remote controls have some of the highest levels of bacterial contamination in hotel rooms. So, before channel surfing, cover the remote with the free hotel shower cap.



PROTECT YOUR VALUABLES WITH DUCT TAPE



Duct tape and expensive items don't create a good picture in your mind, do they? That is the point! If you tape your electronics or other similar items, they will appear broken and nobody would want to steal things that don't work or aren't good enough for reselling.

GET ON BOARD THE FLIGHT AS SOON AS YOU CAN

Sounds funny, right? Obviously, you'll board the flight once they open the pathway. However, it's best if you get in line as soon as possible. You want to be the first one to reach the overhead bins and avail as much space as you can for your carry-on bags.



CHECK THE CRIME RATE OF YOUR DESTINATION

This tip might seem common. However, many people either delay their homework or don't do it all. If some things are too good to be true, like low hotel rates, they probably are. Check the crime rate in the areas you're staying in so you know what you're getting into. The low prices might not be worth the stress of staying in an area where you're afraid to walk outside. Be mindful of visiting places and spots where many incidents of pickpocketing, robbery, or other crimes have been reported.



KEEP EXTRA CLOTHES IN YOUR CARRY-ON BAG

What if your luggage goes missing? you fearful. Some airlines do offer to baggage is nowhere to be found. But



We're not trying to be paranoid or make exchange clothes or something in case your you can't always rely on that, can you?

GO INCOGNITO

Use incognito mode when browsing. An incognito browsing mode does not save your search history, cookies, and cache memory. Hotel and flight booking websites usually store your browsing history. They use this information to raise the price of your searched flight and or your accommodations if you use the website again. Thus, we suggest you clear your search history first and then turn on incognito mode when searching for hotels or flights.



DON'T PICK THE MIDDLE SEAT IF YOU'RE FLYING WITH A COMPANION

If you can select your seats online, choose an empty row and select the window and aisle seats. When other people are checking in, they're less likely to choose the middle seat between you and your partner, giving you a better chance at scoring the whole row to yourselves. If someone does show up, simply say you'd prefer to sit next to your companion. No one in their right mind will want to be crushed between the two of you!



DOWNLOAD GOOGLE TRANSLATE

Google translate can do more than translating texts. It also comes with a camera feature that translates signs, menus, posters, and anything else we can't read in a foreign language. If you're visiting a country where locals don't speak English, using Google translate can make communicating with them a bit easier. You won't be relaying an accurate translation, but locals will at least know what you're talking about! Google translate will also definitely save you some embarrassing moments at restaurants when you don't know what to order because you can't understand anything, which happens to all of us!



DON'T BE SO QUICK TO CUT ON THE LIGHTS

What's one thing that everyone touches in a hotel room, but no one ever cleans? It's the light switch, and it's home to lots of germs. People might wash their hands once they get inside the room, but the first thing they touch, after being on germy planes and trains, before reaching the bathroom is the room's light switch.



30 Day Travel Checklist

#	Activities	Yes	No
1	Check emails daily for travel updates.		
2	Make copies of ALL travel documents.		
3	Reserve airport parking for discounted price.		
4	Arrange for transportation to and from the airport from your home location.		
5	Print and pack a copy of your Travel Insurance Policy.		
6	Notify bank and credit card company of travel.		
7	Review cell phone plan for International coverage.		
8	Download the WhatsApp on your Smartphone.		
9	Check your prescriptions. Do you have enough prescription medications to last for your entire trip, plus a little extra, just in case. If not, call the pharmacy ASAP!		
10	Put your passport in a safe place.		
11	Sign up for STEP. The Smart Traveler Enrollment Program, run by the US Department of State, helps the local embassy reach you in an emergency.		
12	Withdraw some cash/exchange currency. Small bills are useful for tipping.		
13	Double check your boarding pass.		
14	Check your bank balances. Make sure your bank account and credit limits are prepared to handle your vacation spending.		
15	Inspect luggage for problems and weigh your checked bags.		
16	Check travel requirements for your destination. If your destination country requires certain vaccinations visas, an arrival tax or a specific number of free pages in your passport, you want to know that before you leave.		
17	Photograph the contents. This makes it easier to file a baggage loss/delay claim, if anything happens to your stuff.		
18	Take a deep breath. If you tend to get a little anxious about packing, just remember that you can replace almost anything you forget as long as you have money, identification, travel documents and travel insurance. YOU WILL BE FINE!		

Notes

